

Wear Where?

ADULT LED

ABOUT

Have you ever **thought** about **where** you **wear** your clothes?

Every **clothing** item, such as a dress, jacket, top, skirt or trousers, is **designed** for a **different section** of the **body**.

But what if we could **wear** our clothing **differently** from how it was **designed**? What would happen if we turned our clothing literally **upside down, inside out, and on its head**?



PREP TIME

10 mins

COOKING TIME

15+ mins

SERVES

1+ people

INGREDIENTS

- Your wardrobe at home and/or a variety of clothing
- Drawing materials of your choice – paper & pens, pencils, crayons etc.
- *Optional:* A Mirror, Music

Designed Resources

You can use these resources digitally or printed:

- Wear Where? Task Cards
- Wear Where? Draw and Reflect Activity Sheet

LET'S EXPERIMENT!

You can play this for as long as you like and either by yourself or with lots of people!

1. **Introduce** the recipe - see the '**About**' section.

Wear Where?

2. Go to your **wardrobe** and **find** a **variety** of clothing you would like to **use**. This can include **shoes**, **accessories** and anything else that you **wear!**

If you are playing with young people, you can each **choose** clothing from your different **wardrobes**.

3. Follow the **instructions** on the different **'Wear Where?' Task Cards**.

The **tasks** can be followed in **any order**. You can choose to play all the cards or only a few of them.

You can **use different clothing** items for each task card **or** use the **same** clothing items in each task.

These tasks are designed to be interpreted - there is no wrong way of interpreting them. **Experiment** for as long as you like!



3. After you have finished playing the 'Wear Where?' task cards, complete the **'Draw and Reflect' activity sheet**. You can:

Print the activity sheet and fill it out on paper OR

Write the questions and your answers in your own paper or notebook OR

Use and fill in the activity sheet digitally or online.

4. **Repeat** the **process another day** or with **different clothes** or with different **people!** Encourage the players to think about how they can incorporate new ways of wearing their clothes into their everyday.

Let's keep cooking!

Once you have played all the 'Wear Where?' task cards, create your own instructions! How creative can you be?

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